4-H Duds to Dazzle

Overview

In the Texas 4-H Youth Development Program, 4-H members participate in the 4-H Fashion & Interior Design project to become knowledgeable in a multitude of concentrated skills including, but not limited to, design, construction and consumer buying. The Texas 4-H Duds to Dazzle qualifying competition has taken another step in expanding the learning experience by "going green" through the introduction of eco-fashion. Objectives of this project are designed to:

- Allow participants to exhibit knowledge and skills gained through their 4-H Fashion & Interior Design project by designing, constructing, and presenting a finished product.
- Allow participants learning opportunities.
- Promote teamwork.
- Help 4-H'ers gain experience in public speaking.
- Provide leadership opportunities for young people.
- Assist youth in gaining an appreciation for recycling textiles so that they do not end up in the waste stream.

Participation Rules

1. Participation - Participants must be 4-H members currently enrolled in a Texas 4-H Youth Development county program and actively participating in the Fashion & Interior Design project.
2. Eligibility. Age divisions are determined by a participant's age as of August 31 of the current 4-H year in accordance with what is stated in the current Texas 4-H Rules and Guidelines.
   a. Junior/Intermediate Division: 3rd – 8th grade
   b. Senior Division: 9th – 12th grade
3. Teams per county - Each county may enter a maximum of 2 Junior/Intermediate teams, and a maximum of 2 Senior teams. The first and second-place teams in the Senior division will advance to the state contest.
4. Team Members
   a. Each team will have at least 3 and no more than 5 members.
   b. Junior/Intermediate teams may include members in different age divisions. See rule #2.
   c. Senior teams may not include members of different age divisions.
5. Substitution of team members - Substitution of team members should be made only if necessary. Only the same number of 4-H members qualifying at the county level will be eligible to participate at the district level. No more than two team members may be substituted, up to the day of competition.
6. Entry fee - Each team may be required to pay a registration fee to cover the cost of materials for the contest. The fee will be determined by the committee.
7. Design categories. There will be three categories in each age division: Wearable, Accessory/Jewelry, and Non-wearable. Teams will be randomly assigned to a category, but assignments will not be announced until check-in on the day of contest. The district may choose to limit entries to one category to encourage competition among entries.
   a. Wearable is clothing that is suitable to be worn by people or pets. Ex: shirt, coat, vest, dress, costume, leggings, swimsuit cover, etc.

b. Accessory/Jewelry is an article or set of articles that can be added to an outfit to make it more useful, versatile, or attractive. Ex: apron, earrings, purse, headband, hat, belt, necklace, etc.

c. Non-wearable is an item that is not suitable to be worn. Ex: pillow, towel, jewelry pouch, cellphone or iPad case, stuffed animal, doll clothes, Christmas stocking, etc.

8. Attire. Each team will have the option to wear coordinating clothing appropriate for construction and the team presentation. A team name is acceptable.

9. Resource materials. A Planning and Presentation Worksheet will be provided for each team at the contest. No other resource materials will be allowed. The following resources are available for teams to use in preparation for competition: Unraveling the Mystery of Design Elements and Principles in Clothing, Laundry on Your Own, Hand Stitching, Pricing Tips and Tricks, Safety Guide, and Simple Seaming Techniques.

10. Sewing kit. Each team must supply their own equipment for the competition. A team can choose not to include a listed item, but no additional item can be added. Kits will be checked by contest officials as teams check in for the contest. Any extra equipment will be confiscated, and the team may be disqualified. See page 8 for list.

A complete list of Duds to Dazzle Rules of Play, Sewing Kit Supply Box, and scorecard are available at: https://texas4-h.tamu.edu/projects/fashion-interior-design/

2023 Texas 4-H Fashion Show
Natural Fiber Score Sheet

Name: _____ County: _____ District: _____

Fiber Category: ☐ Cotton   ☐ Wool/Mohair/Alpaca

Factors to Consider	Total Value	Comments	Actual Score
Paperwork (15%) • Completeness of paperwork • Paperwork shows application of skills learned in the project.	15		
Knowledge of fiber characteristics and uses (35%) • Identifies fiber characteristics that are important in apparel • Garment makes good use of fiber characteristics • Knowledge of fiber, fabric, and garment care requirements • Garment meets competition eligibility requirements	35		
Promotion of Natural Fiber (35%) • Understanding of fiber source and production process • Involved in promotion of natural fiber to the public • Promotion presentation	35		
Interview (15%) • Uses positive vocal qualities • Answers questions correctly, with confidence • Possesses good verbal communication skills	15		
Total Score	100		
		Judge's Initials	

2023 Texas 4-H Fashion Show
Natural Fiber Entry Form

Category: ☐ Cotton   ☐ Wool/Mohair/Alpaca

Name: _____ **Number of years in clothing project:** _____

County: _____ **District:** _____ **E-mail:** _____

Insert a high-quality front and back view head-to-toe photo of participant in the competition garment in the space below. Photo/Photos should not exceed the space below.

Front	**Back**

Insert commentary for Fashion Show Natural Fiber. Minimum of 50 words and maximum of 75 words. This commentary should be different from buying or construction, if competing in both.

Identify fiber content of each item in your outfit	
Name of clothing item	Fiber content

Tell about the characteristics of the natural fibers in your outfit.

Describe the care requirements of these garments.

Describe the fiber to fabric production process.

Describe how you have promoted the use of natural fibers.

2023